

FREE!

FINANCIAL FITNESS

a comprehensive course in personal finance

INCLUDES THESE **WORKSHOPS**

JANUARY 14

Welcome to Financial Literacy
& Money Management

JANUARY 21

Understanding Credit
& Debt Management

JANUARY 28

Auto Buying
& Fraud/Identity Theft

FEBRUARY 4

Protecting Your Assets
& Completion Celebration

**ZOOM option
now available**

Join us!

Thursdays

Jan. 14 - Feb. 4

6:00pm - 8:00pm

Arrive at 5:30pm for dinner

FESS Office

6840 Capitol Blvd SW, Bldg 3
Tumwater, WA 98501

Childcare is not available



Register Here:

www.familyess.org/FinancialFitness

Program Highlights

- Seven instructor-led workshops.
(2 sessions each week, including completion celebration)
- Seven independent study assignments
- Assignment tasks associated with each workshop topic
- Final project – Written, video or verbal summary of the journey through the Financial Fitness program
- Invitation to a completion celebration and upon full completion

Why participate in Financial Fitness with Peak Credit Union?

Completing this program can help reduce financial stress, improve financial wellness, and improve overall quality of life.

- Develop practical skills for managing your finances effectively
- Access to certified financial education instructors and certified financial counselors who provide personalized guidance
- Access to free tools and resources

FREE DINNER AND GIFT CARD RAFFLES OFFERED THROUGHOUT THE SERIES

Participant Commitments

- Attend all workshops
- Complete all assignments and independent study
- Complete the final project
- Complete a survey of your financial wellness at 6 months and 1 year post completion



To Learn More

Email: communitybuilders@peakcu.org

